

Respite Care

Respite Care offers the primary caregiver temporary relief from providing continuous support and care to an adult who is elderly or disabled.

Covered Services

Covered services may include:

- companionship
- involvement in the person's activities of daily living
- meal preparation
- light housekeeping
- personal hygiene tasks

Service Providers and Location

The primary caregiver has the responsibility to identify and select a Respite Care provider. A Respite Care provider may be a neighbor, friend, or family acquaintance who has agreed to provide care to the care receiver. A Respite Care provider can also be an agency that offers Respite Care. Respite Care services may be provided in the caregiver's home, the respite care provider's home, or in another type of community setting, such as Adult Day Services. A Respite Care provider may not live with or be considered the individual's primary caregiver.

Eligibility

Eligibility for Respite Care is determined based on a Caregiver Program needs assessment. The needs assessment completed by the Adult Services and Aging Specialist in consultation with the primary caregiver determines the number of hours and the frequency of the Respite Care provided to the care receiver. A cost share may be applicable.